

# COMMON THEMES FROM LOCAL RANGATAHI DURING THE COVID 19 LOCKDOWN

School has been challenging during the lockdown. It takes a lot of self-motivation, which can be really hard when you're at home and able to distract yourself with other things.

I have been missing relationships with friends and other people in my life during the lockdown.

Uncertainty - not feeling safe and secure and feeling like I don't have control over my life.

It's really hard to understand schoolwork and what is expected from us when working from home.

Pressure to always be productive.

I'm so bored!

I can't handle having to be stuck at home with my family for another day! All we do is fight!

I get to sleep in every day!

WHANAKE YOUTH

# COMMON THEMES FROM LOCAL RANGATAHI AFTER THE COVID 19 LOCKDOWN

Lockdown was awesome because you could game all night and sleep all day!

I actually miss hanging out with my family. It was the most time we've ever spent together, and it was actually kind of cool.

It was hard to keep on top of my schoolwork during lockdown, so I'm pleased to be back at school.

I completed so much schoolwork during the lockdown, so I am now ahead in my classes and doing really well at school.

I was so bored!

People at school don't really know me, so I miss being at home where I could just be my authentic self. I feel like I have to pretend to be someone else at school just to survive.

I miss sleeping in every day.